

SAFETY THEME

LOCAL GOVERNMENT RISK MANAGEMENT SERVICES, INC., – A Service Organization of the ASSOCIATION COUNTY COMMISSIONERS OF GEORGIA and the GEORGIA MUNICIPAL ASSOCIATION

The Safety Theme program is designed to help you get an important safety message across to all employees in a simple-to-use format that can be completed each month.

Monthly Poster Theme

Make copies and post them wherever you will get the most impact.

Training Calendar

Personnel Liability Training

Tifton, Tift County	April 16
Statesboro, Bulloch County	April 21
Macon-Bibb County	April 23
Gainesville, Hall County	April 28
Cartersville, Bartow County	April 30

Safety Coordinator I (8:00 am to noon)

Macon-Bibb County	March 17
Gainesville, Hall County	April 13

Safety Coordinator II (8:00 am to noon)

Macon-Bibb County	March 18
Gainesville, Hall County	April 14

Safety Coordinator III (8:00 am to noon)

Macon-Bibb County	March 19
Gainesville, Hall County	April 15

Work Zone Safety and Traffic Control

Tifton, Tift County	June 16
Statesboro, Bulloch County	June 17
Macon-Bibb County	June 19
Cartersville, Bartow County	July 28
Gainesville, Hall County	July 29

Safety Theme Article

The article expands on the poster message for the month. Make copies and hand them out to each meeting participant.

In This Issue:

Participant Sign-In Sheets: Use the sign-in sheet to document your safety training.

Suggested Agenda for the Monthly Safety Meeting:

- > Assemble the participants.
- > Hand out copies of the article and pass around the sign-in sheet.
- > Read the Safety Theme aloud.
- > Discuss aspects of the theme relevant to the department, with examples. Ask for ideas and encourage participation.



**LGRMS
RISK CONTROL
ACCG | GMA**

March 2020

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The background of the entire page is a grayscale electron micrograph of a cell. It shows various organelles like mitochondria and a nucleus. Overlaid on the right side of the image is a 3D model of a coronavirus, which is spherical with a textured grey surface and prominent red, crown-like spikes. The text 'Protect Yourself Against the Flu and Other Airborne Pathogens' is written in a large, bold, red font with a black outline, centered horizontally across the middle of the page.

Protect Yourself Against the Flu and Other Airborne Pathogens

Good Health Habits Help Stop Germs

Protect Yourself Against the Flu and Other Airborne Pathogens: Good Health Habits Help Stop Germs

The Georgia Department of Public Health (DPH) and the CDC are closely monitoring the outbreak of respiratory illness caused by COVID-19 (the official name for the disease that is causing the 2019 novel coronavirus outbreak) that was first detected in Wuhan City, Hubei Province, China and which continues to expand. How do you protect yourself from this virus, particularly now that it is present in the United States.

Good health habits that help protect you from seasonal flu, will also help protect you from coronavirus. The best way to protect yourself from seasonal flu is to get your annual flu vaccination. The CDC and other agencies are working hard to develop a vaccine for the coronavirus, but until then, follow some common-sense health habits which will help protect you from other airborne viruses.

Top Tips To Stay Healthy

- If you have a cold, the flu, or other respiratory infection, cover your mouth when you cough. Use a tissue or handkerchief, or cough into your shoulder.
- Washing your hands thoroughly and often is probably the best defense. Many airborne pathogens remain alive on surfaces that people touch, such as door knobs, counters, or other shared devices such as phones, or keypads. If soap and water are not available, use an alcohol-based sanitizer, then use soap and water as soon after as you can.
- Avoid close contact with people who are sick. If you are sick, or think you might be, keep your distance from others to protect them from getting sick. If possible stay home from work, school, or other public areas. This will help prevent spreading your illness to others.
- People have a habit of touching their eyes, nose, and mouth, sometimes without thinking. Be conscious of when you do, and try and stop yourself. Germs are often spread when a person touches something that is contaminated, and then touches their eyes, nose, or mouth. Any virus on your hands, might find an easy point of entry through any of the above.
- Clean and disinfect surfaces at home, work, and school frequently.
- Get plenty of sleep, stay physically active, manage stress, drink plenty of fluids and eat healthy. Strong, healthy people are better prepared to fight off potential infections.

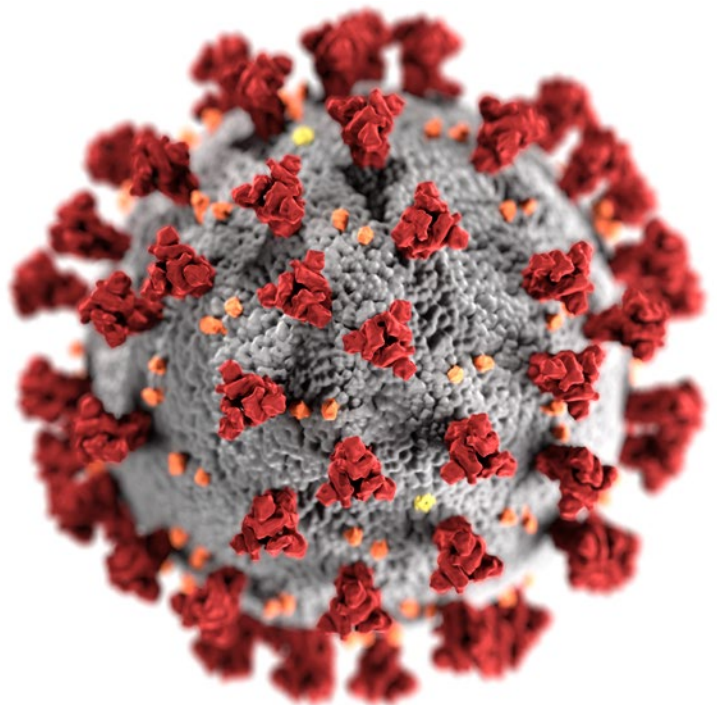
If you have other health issues, doing the above is even more important as your body may be less able to fight off infections.

If you suspect you might be getting sick, contact your family doctor or local health clinic. It is better to get help early than to wait. There are many resources available to get more information on the Coronavirus or other health issues.

The Centers for Disease Control and Prevention (CDC) and other health authorities from around the globe are closely monitoring the 2019-nCoV outbreak and have implemented measures to prevent the spread of the virus. This is an emerging, rapidly evolving situation. The Georgia Department of Public Health (DPH) can assist you in the protection of your family, workplace, and other public places such as schools. If you have questions or concerns, please contact your local public health district or call 404-657-6588.

For current information about the disease, the countries affected by this outbreak, and contact information for local public health in GA, please visit the DPH website. For more information about novel coronavirus, visit the CDC website.

<https://dph.georgia.gov/novelcoronavirus>
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>





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A Service Organization of the Association County Commissioners of Georgia and the Georgia Municipal Association

This Issue:

Airborne Pathogens

