

SAFETY THEME

LOCAL GOVERNMENT RISK MANAGEMENT SERVICES, INC., – A Service Organization of the ASSOCIATION COUNTY COMMISSIONERS OF GEORGIA and the GEORGIA MUNICIPAL ASSOCIATION

The Safety Theme program is designed to help you get an important safety message across to all employees in a simple-to-use format that can be completed each month.

Monthly Poster Theme

Make copies and post them wherever you will get the most impact.

Training Calendar

Health Promotion Champion Training

Tifton	Sept 18
Statesboro	Sept 19
Macon	Sept 20
Cartersville	Sept 26
Gainesville	Sept 27

Law Enforcement Liability

Tifton	Oct 23
Macon	Oct 24
Cartersville	Oct 25
Douglasville	Oct 26

Safety Coordinator Module 1

Tifton	Aug 28 (AM)
Statesboro	Sept 5 (AM)
Macon	Sept 11 (AM)
Cartersville	Sept 18 (AM)

Safety Coordinator Module 2

Tifton	Aug 28 (PM)
Statesboro	Sept 5 (PM)
Macon	Sept 11 (PM)
Cartersville	Sept 18 (PM)

Safety Coordinator Module 3

Tifton	Aug 29 (AM)
Statesboro	Sept 6 (AM)
Macon	Sept 12 (AM)
Cartersville	Sept 19 (AM)

Safety Theme Article

The article expands on the poster message for the month. Make copies and hand them out to each meeting participant.

In This Issue:

Participant Sign-In Sheets: Use the sign-in sheet to document your safety training.

Suggested Agenda for the Monthly Safety Meeting:

- >>> Assemble the participants.
- >>> Hand out copies of the article and pass around the sign-in sheet.
- >>> Read the Safety Theme aloud.
- >>> Discuss aspects of the theme relevant to the department, with examples. Ask for ideas and encourage participation.



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August 2018

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Be Safe Outside

***Hazards to
Outdoor
Workers***



Be Safe Outside: Hazards to Outdoor Workers

Outdoor workers—including water, wastewater, parks, groundskeepers, public works, streets, police, fire, and others—can be exposed to physical hazards and biological hazards. Employers should train their workers about their workplace hazards, including hazard identification and recommendations for preventing and controlling their exposures.

Safety Tips

Sun and Heat Extreme heat can cause heat stroke, heat cramps, heat exhaustion and heat rash. Take shade breaks and hydrate throughout the work shift. Ultraviolet radiation (UV) can cause sunburn and potentially skin cancer. Limit skin exposure by wearing long-sleeved shirts, long pants, and hats. Use sunscreen, being sure to reapply when needed.

Insects Diseases may be spread by mosquitos and ticks. Mosquito borne diseases include West Nile virus, and tick borne disease include Lyme disease. Limit skin exposure (same clothing choice as for sun and heat) and use repellent. Be aware of spiders (black widows and brown recluse) in dark moist places, heavy bush, or trash. Stinging insects such as bees, wasps, yellow jackets, ants, and scorpions can be found everywhere. Wear gloves when moving materials or trash. Be alert for nests in the ground or on trees or bushes.

Animals and Other

Critters Primary threats include venomous snakes; for Georgia, that's rattlesnakes, copperheads, cottonmouth water moccasins, and coral snakes. Rattlesnakes and copperheads range throughout the state; cottonmouths generally range from Middle Georgia to South Georgia; and coral snakes are found in South Georgia. Along with the above clothing recommendations,

heavy boots and chaps can provide additional protection.

Poisonous Plants Poison ivy, poison oak, and poison sumac can cause allergic reactions from skin contact. They can also be dangerous respiratory hazards if they are burned. In addition to long sleeves, long pants, and gloves, use barrier creams prior to exposure, and thoroughly wash affected areas immediately after exposure. Keep in mind your clothing could still have residue, so carefully wash separately from other clothing.

Other Hazards Outdoor workers may encounter other hazards in addition to the physical and biological hazards described here. They may be exposed to pesticides or other chemical hazards, traumatic injury hazards, or other safety and health hazards depending on their specific job and tasks. Employees who work near or on roadways need to pay particular attention to visibility, and stay constantly aware of the traffic around them. Employers should train outdoor workers about their workplace hazards, including hazard identification and recommendations for preventing and controlling their exposures.

For more information, contact your county extension agent or visit the CDC website at www.cdc.gov/niosh/topics.





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A Service Organization of the Association County Commissioners of Georgia and the Georgia Municipal Association

This Issue:

Outdoor Safety

