



WEEK	ACTION/ACTIVITY	RESOURCES
Week of May 22nd	<ul style="list-style-type: none"> ●Start planning for first week of June ●Promote events on company's social media site and company intranet sites ●Consider hosting a Brain Health training class ●Consider celebrating The Longest Day on June 21st 	<ul style="list-style-type: none"> ●Resource- CDC: Alzheimer's and Healthy Aging ●Resource- Alzheimer's Association: Brain Health ●Resource- Alzheimer's Association: The Longest Day
Week of May 29th	<ul style="list-style-type: none"> ●Promote BrainHealth training class ●Promote wearing purple on The Longest Day ●Distribute Article: <i>10 Ways to Love your Brain</i> 	<ul style="list-style-type: none"> ●Article- Alzheimer's Association: 10 Ways to Love your Brain
Week of June 5th	<ul style="list-style-type: none"> ●Promote training class ●Promote The Longest Day ●Distribute Article: Early Signs and Symptoms of Alzheimer's 	<ul style="list-style-type: none"> ●Article- Alzheimer's Association: Early Signs and Symptoms of Alzheimer's
Week of June 12th	<ul style="list-style-type: none"> ●Promote training class ●Distribute Video <i>Alzheimer's and the Brain</i> ●Continue to promote The Longest Day 	<ul style="list-style-type: none"> ●Video- National Institute on Aging: Alzheimer's and the Brain
Week of June 19th	<ul style="list-style-type: none"> ●Promote training class ●Distribute Quiz <i>The Big Brain Health Check-in</i> ●Celebrate The Longest Day with a fundraiser event or by wearing purple 	<ul style="list-style-type: none"> ●Quiz- Alzheimer's Research UK: The Big Brain Health Check-in
Week of June 26th	<ul style="list-style-type: none"> ●Hold/Implement training class ●Distribute Fact Sheet: <i>6 Tips for Approaching Alzheimer's</i> 	<ul style="list-style-type: none"> ●Fact Sheet- Alzheimer's Association: 6 Tips for Approaching Alzheimer's