WEEK	ACTION/ACTIVITY	RESOURCES
Week of September 25th	•Start planning for first week of October •Promote events on company's social media site and intranet sites •Employees may have medications, including liver health medicine, that are old, expired, unwanted, or unused; consider promoting National Prescription Drug Take Back Day on October 28, 2023	•National Liver Awareness Month •National Prescription Drug Take Back Day
Week of October 2nd	•Hang poster Progression of Liver Disease •Distribute fact sheet Progression of Liver Disease •Distribute fact sheet Liver Disease	•Poster – Progression of Liver Disease (ALF) •Fact Sheet – Progression of Liver Disease (ALF) •Fact Sheet – Liver Disease (ALF)
Week of October 9th	•Distribute online quiz Liver Health •Distribute fact sheet Non-Alcoholic Fatty Liver Disease •Distribute fact sheet Alcohol-Associated Liver Disease	•Online Quiz - Liver Health (ALF) •Fact Sheet – Non-Alcoholic Fatty Liver Disease (ALF) •Fact Sheet – Alcohol-Associated Liver Disease (ALF)
Week of October 16th	*•Hang poster Cirrhosis* *•Distribute fact sheet Cirrhosis* *•Distribute flyer Cirrhosis: Prevent Liver Damage* *•Promote National Prescription Drug Take Back Day on October 28th using linked resources*	•Poster – Cirrhosis (ALF) •Fact Sheet – Cirrhosis (ALF) •Flyer – Cirrhosis: Prevent Liver Damage (ALF) •Resources – National Rx Drug Take Back Day: Posters, Pamphlets, Billboards, Ads, Banners, Etc.
Week of October 23rd	*•Distribute fact sheet Liver Cancer* *•Distribute national helpline American Liver Foundation* *•Promote National Prescription Drug Take Back Day on October 28th using linked resources*	•Fact Sheet – Liver Cancer (ALF) •National Helpline – American Liver Foundation (ALF) •Resources – National Rx Drug Take Back Day: Posters, Pamphlets, Billboards, Ads, Banners, Etc.
Week of October 30th	*•Distribute fact sheet Diet and Liver Health* *•Distribute healthy recipes Presented by ALF Flavors Council* *•Distribute brochure Liver Wellness*	•Fact Sheet – Diet and Liver Health (ALF) •Healthy Recipes – Presented by ALF Flavors Council (ALF) •Brochure – Liver Wellness (ALF)