

WEEK	ACTION/ACTIVITY	RESOURCES
Week of June 20th	 Start planning for July Consider creating sun safety gift bags (sunscreen, water bottle, sunglasses, hat, sun safety info etc.) Consider doing a hydration challenge Consider having a sun safety and/or hydration lunch and learn or training Promote any events on company's social media site and company intranet sites 	Guide – Anthem: <u>Cancer Awareness Month</u> Click on Calendar Select July National Wellness Observance: <u>UV Safety Month</u> American Cancer Society: <u>Be Safe in the Sun</u>
Week of June 27th	 Promote sun safety lunch and learn or trainings and/or hydration challenge Purchase items for sun safety gift bags and/or incentive items/rewards for hydration challenge participants 	Sun safety item ideas: CDC Sun Safety Benefits of Drinking Water
Week of July 4th	 Promote planned activities Distribute Flyer Stopping Cancer Before it Starts Send out Video How to Protect Yourself from the Sun Assemble and promote sun safety gift bags 	Flyer – Anthem: <u>Stopping Cancer Before it Starts</u> Video – American Cancer Society: How to Protect Yourself from the Sun
Week of July 11th	Distribute and hang Hydration FlyerStart hydration challengePromote planned activities	Flyer – CDC: <u>Hydration</u> Resource – UGA Extension: <u>Drink Water, Georgia</u>
Week of July 18th	 Distribute flyer Skin Cancer Send out Video How to Correctly Apply Sunscreen Promote planned events 	 Flyer – Anthem: <u>Skin Cancer</u> Video – American Cancer Society: <u>How to Correctly Apply Sunscreen</u>
Week of July 25th	 Send out Video How to Do Self-Skin Checks Finish hydration challenge and distribute prizes 	Video – American Cancer Society: How to Do Self-Skin Checks